

Ordinance for P.G. Diploma in Yoga Therapy

Ordinance No. 208

Degree Title- **P.G. DIPLOMA IN YOGA THERAPY**

1. Name of Faculty- Faculty of Education
2. Duration of the course: Two semesters (one year) course + 3 months compulsory internship.
3. Eligibility: Candidate should be a graduate in any subject from any recognized University with Min. 45% marks.
4. Admission procedure: Admission will be through an entrance examination. The dept shall conduct the entrance examination.
5. Total number of seats- 50 Seats.
6. Reservation: As per M.P. Govt. rules.
7. Attendance requirement: A candidate shall be required to fulfill 75% of the attendance in theory and practical separately to appear in final examination.
8. Fee Structure: The fee shall be Rs 22,000/- including the Internship fee. The fee shall change from time to time as per University rules.
9. The course shall be on Self finance basis. There shall not be any burden on the Govt. for running this course.
10. Permission from National Bodies: No permission from any National Body is required.
11. Income and expenditure: As enclosed.
12. Syllabus and scheme of examination: The syllabus and the scheme of examination shall be as enclosed. The examination shall be at the end of the semester and shall be governed by Ordinance 31 of DAVV, Indore.
13. For matters not covered in the present Ordinance, general rules of Devi Ahilya Vishwavidyalaya shall be applicable.

ACADEMIC PROGRAM
NAME OF THE COURSE- PG DIPLOMA IN YOGA THERAPY

S.No	Course code (New)	Name of Subject for I Semester	Distribution of Marks			
			Theory Exam	Practical Block	Internal Assessment	Total
					Mid Semester Test	
I	II	III	I +II+III			
1.	PG-101	History of Yoga	60	-	40	100
2.	PG-102	Patanjali Yoga Sutra	60	-	40	100
3.	PG-103	Anatomy & Physiology	60	-	40	100
4.	PG-104	Yoga Counseling and Psycho Therapy	60	-	40	100
5.	PG-105	Yoga Practical	-	60	40	100
Total						500

S.No.	Course code (New)	Name of Subject for II Semester	Distribution of Marks			
			Theory Exam	Practical Block	Internal Assessment	Total
					Mid Semester Test	
I	II	III	I +II+III			
1.	PG-201	Yoga and Mental Health	60	-	40	100
2.	PG-202	Yoga Therapy	60	-	40	100
3.	PG-203	Yoga Self Discipline Counseling and Psycho Therapy	60	-	40	100
4.	PG-204	Teaching Practice	60	-	40	100
5.	PG-205	Yoga Practical	-	60	40	100
Total						500

Note: 3 internal class tests will be conducted in each semester and the best two will be counted.