

P.H.D. 98
Entrance Exam Syllabus
2021-22 Academic Session

Unit I: Introduction to Professional Social Work

- 1) The concept of professional social work, alignment of scientific and humanitarian motives of promoting social welfare.
- 2) The basic principles and values of professional social work and their relationship to the values of Indian society.
- 3) Values and characteristics of a profession: social work as a profession and its status in India.
- 4) Social services and voluntary work.

Unit II: Methods of Social Work

- 1) Social case work: concept, principles, techniques, process; scope and limitations of practice in India.
- 2) Social Group Work: Concept, dynamics, principles, program planning and development; dynamics of self-help groups in Indian context.
- 3) Community organisation: concept and principles, understanding of urban, rural and tribal communities in Indian context.
- 4) Social Welfare Administration: concept, POSDCORB, registration process of an NGO, management of social services.
- 5) Social Work Research: concept, research design, qualitative and quantitative research, concept of universe and sampling, methods and tools of data collection.

Unit III: Human Growth and Behaviour

- 1) Human development: heredity and environment
- 2) Developmental stages
- 3) Human behaviour: concept and characteristics of normal and abnormal behaviour.
- 4) Theories of personality development; Defence mechanism.
- 5) Mental health: concept, spirituality and mental health, symptoms of common mental disorders, current perspective. Examples of best practices in mental health in India.

Unit IV: Social Policy and Social Legislation

- 1) Social policy: Concept, related concepts, process of social policy formation and problems in formulation and implementation.
- 2) Sources of Indian social policies and overview of the basic structure of the Indian political system.
- 3) Social dynamics of law and justice in India. Social legislation as a tool of social transformation.
- 4) Contemporary issues, agrarian reforms, right to education, law for women, children and differently abled.
- 5) Role of social worker in legal aid and social advocacy; public interest litigation.

Unit V: Fields of Social Work

- 1) Industrial social work and corporate social responsibility. Application of social work skills in human resource management.
- 2) Social work intervention and rural development. Indian models of community development. Initiative inspired by Swami Vivekananda, Ravindra Nath Tagore, Nana ji Deshmukh, Mahatma Gandhi.
- 3) Responsibility, functions and skills of Medical and Psychiatric social worker.
- 4) Women and child welfare: status of women in India, policies and programs for women empowerment in India. Role of social worker in child care settings.

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