



DEVI AHILYA VISHWAVIDYALAYA, INDORE (M.P.) Deen Dayal Upadhyay Kaushal Kendra (DDU-KK)



Assorted Cookies

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CREATING ARCHITECTURE THAT ENHANCES SPIRITUAL HEALING BY ACTING AS A MEDIUM BETWEEN HUMAN SOUL AND THE ENVIRONMENT

Today's hectic life is full of deadlines and demands and leaves no time to pause and re-energize. Compounding stress eventually results in various health problems and premature aging. A health and wellness centre focuses on promoting, restoring and maintaining optimal health and well-being. We as human beings have an inner connection with our environment by physical, mental, emotional and spiritual means. This connection can create a dynamic life that people can thrive from in every aspect.

- Studying and analysing Relationship of Building and environment.
- Recovering mental health through the physical environment. **THE MIND, BODY, AND SPIRIT ARE ONE.**
- Understanding value of SPIRITUAL CARE and Healing power of Nature.
- People's Experience of Urban Spaces, Quality of Life, and Wellbeing.



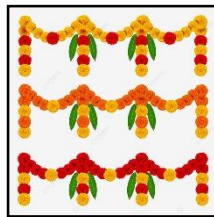
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Deepawali is probably the most awaited family celebration of the year. At this time everyone is busy in decorating the homes with lights and flowers. These flowers are a **IMPORTANT** part for Deepawali decoration and brighten up ones homes. For that Marigold is an auspicious flower to adorn our homes. Have you wondered why Marigold ? lets see

- Marigold garlands are a sign of good fortune.
- It is known as "Herbs of Sun" and represents Sun.
- This is an auspicious flowers as it is a favourite of God.
- It is of hardy nature it does last for long time and symbolizes an individual ability to conquer anything.



Decorate your outdoor landscape with lighting feature

Landscape lighting or garden lighting refers to the use of outdoor illumination of private gardens and public landscapes for the enhancement and purposes of safety, nighttime aesthetics, accessibility, security, recreation and sports, and social and event uses. The play of light and shadow on walls creates a beautiful visual appeal. There are multiple techniques that can help to create the effect you want.

- WALL-WASH LIGHTING
- GRAZING
- IN-GROUND LIGHTING
- SHADOWING
- SILHOUETTE LIGHTING
- HARDSCAPE LIGHTING



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Cultural Landscape

Cultural landscapes are complex resources that range from large rural tracts covering several thousand acres to formal gardens of less than an acre. Natural features such as landforms, soils, and vegetation are not only part of the cultural landscape, they provide the framework within which it evolves. **The character of a cultural landscape is defined both by physical materials such as roads, buildings, walls, and vegetation, and also by use reflecting cultural values and traditions.** The appearance of a cultural landscape, both historically and currently, is a unique web of landscape characteristics that are the tangible evidence of the historic and current uses of the land. Examples of cultural landscapes include designed landscapes (e.g., formal gardens and parks, such as Golden Gate Park), rural or vernacular landscapes (e.g., sheep ranches, dairy ranches), ethnographic landscapes. Cultural landscapes are historically significant places that show evidence of human interaction with the physical environment. Their authenticity is measured by historical integrity, or the presence and condition of physical characteristics that remain from the historic period.



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LANDSCAPE LIGHTING

Landscape lighting refers to use of outdoor illumination of private gardens and public landscape for the enhancement and for the safety purposes, sports and recreation and for social event uses.

It creates beautiful curb appeal add value to your house and create warm and catchy environment

Types of landscape lighting:

• **PATHWAY LIGHTING**

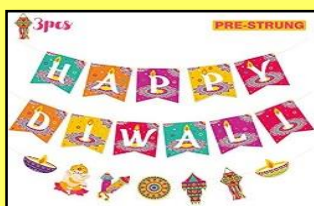
It involves beautiful drama in the evening at the pathways and entries of the place and is safe for everyone enjoying at the place with uneven areas.

• **UP LIGHTING AND DOWN LIGHTING**

This can be add near water features like bubbling fountains and many more this needs proper angle or sculpture some are used in steps, kitchen, patio. Landscape lighting includes spotlights, bollard lights, garden lights, step lights.

• **SOLAR LANDSCAPE LIGHTING**

As we don't need electricity we can place them anywhere they can help in lower homes carbon footprint. They are worthwhile investment for homes with minimal cost after installation. We can design them in many creative ways such as; covering the tree trunks or branches with the LED lights so it can blooms above.



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Five Houses Plants-

1. **ZZ PLANTS:**

- ✚ Bright indirect sunlight (can also survive in low light areas)
- ✚ Water once a week. Air purifying
- ✚ Place them on side tables or on your work desk to break the monotony and add a pop of green to your interiors.

2. **MONEY PLANTS:**

- ✚ Bright indirect sunlight (can also survive in low light areas)
- ✚ Water once a week.
- ✚ Air purifying
- ✚ Hanging planters are great way to display this trailing beauty. They will also look great in bright bathrooms.

3. **SNAKE PLANTS:**

- ✚ Bright indirect sunlight (can also survive in low light areas)
- ✚ Water once in a two weeks.
- ✚ Snake plants make great additions to bedroom due to their air purifying due to their air purifying qualities.

4. **AGLAONEMAS:**

- ✚ Bright indirect sunlight (can also survive in low light areas)
- ✚ Water once a week
- ✚ Air purifying
- ✚ Place these babies in any corner of your space for a gorgeous foliage display.

5. **CACTI & SUCCULENTS:**

- ✚ Bright indirect sunlight or few hours of morning sun
- ✚ Water once in a two weeks
- ✚ Low-maintenance
- ✚ Club all your succulents together for an artistic addition to your desks.



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