

**UGC SAP DRS-I**  
**National Level Workshop on**  
***Research Methodology and Sports Psychology***  
***in pursuit of excellence in Sports***  
**March 15 to 17, 2018**



Organized By

**School of Physical Education**  
**Devi Ahilya University, Indore (M.P.)**

Takshashila Campus, Khandwa Road, Indore-452001

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Devi Ahilya University, Indore

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SOPE, Devi Ahilya University, Indore

**Workshop Coordinator**

Prof. Sudhira Chandel, Professor,  
SOPE, Devi Ahilya University, Indore

**Organising Secretaries**

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Dr. Vivek B. Sathe, Assistant Professor, SOPE, Devi Ahilya University, Indore

**Members**

Prof. Ajay Kumar, Dr. Vijay Francis Peter, Dr. Mukesh Solanki,  
SOPE, Devi Ahilya University, Indore

## ABOUT INDORE

Indore is situated on Malwa Plateau in the central part of India. The city's history is associated with the famous Queen Devi Ahilya Bai Holkar of Holkar dynasty who is well known throughout the country for her noble and pious deeds and religious achievements. Indore is the largest city of Madhya Pradesh and known as the business capital of Madhya Pradesh and acting as a prominent educational, industrial and trading center of the state. It is well connected with most of the major cities of India by road, rail and air. It has a well developed sports culture. A large number of districts and state associations of various games and sports are running at Indore. It has a metropolitan atmosphere and has absorbed people from all parts of India. Indore enjoys a pleasant climate round the year making stay most comfortable.



## ABOUT UNIVERSITY

Devi Ahilya Vishwavidyalaya, Indore (formerly, University of Indore) was established in 1964 by an Act of Legislature of Madhya Pradesh. The University has thirty two University Teaching Departments imparting education in frontline areas of Physical Education, Computers, IT, Engineering, Life Sciences, Social Sciences, Education and Management etc.

The University has well-equipped facilities of Sports Activities, Play Grounds, Gymnasium etc. to bring out the sporting talent of the students. It has separate teaching department of Physical Education offering graduation, post graduation, M.Phil. and Ph.D. programs.

The administrative block of the University is situated at Nalanda Campus in the heart of the city at RNT Marg. All the academic departments are situated at Takshashila Campus on Khandwa Road.





## ABOUT SCHOOL OF PHYSICAL EDUCATION (SOPE)

School of Physical Education (SOPE), DAVV, Indore is a pioneer institute in central India serving the cause of the profession over 28 years. Under the scheme of University Grant Commission, Delhi, it was established in the year 1990 and runs under the faculty of Physical Education of DAVV Indore.

The School of Physical Education has successfully pursued academic excellence and quality leadership to prepare teachers in the field of Physical Education. Till date more than 60 students have qualified NET and 10 students have qualified Junior Research Fellowship examination. Today the department is also successfully running Ph.D. programme. About 35 Ph.D. in Physical Education have been awarded by this university under the faculty of Physical Education supervised by the faculty of SOPE. The department has dedicated and well qualified faculty including four Professors, One Associate Professor and Two Senior Assistant Professor.



## About UGC SAP DRS – I Programme

The UGC special assistance programme (SAP) is intended through constant efforts to raise the quality of teaching / research in different disciplines/subjects carefully selected on the basis of their work, academic achievements and viable potential for further development. The essence and primary aim of this scheme is combination of teaching and research, to encourage group research efforts in pursuit of excellence. The proposal of School of Physical Education for UGC SAP DRS – I was examined by the expert committee on 19th May 2015 and after careful and critical in-depth examination of the academic achievements of the department, UGC approved School of Physical Education Devi Ahilya University, Indore for induction under SAP at the level DRS – I for a period of five years from 01.04.2016 to 31-03-2021 in the following identified thrust areas:

- Evaluation Techniques in Physical Education and Sports Coaching
- Sports Psychology
- Scientific Principles of Sports Training, Sports Physiology & Sports Biomechanics

A total grant of Rs 96 Lakhs has been sanctioned under UGC SAP DRS–I Programme.



## ABOUT WORKSHOP

Knowledge of research methods is one of the most important aspects in the field of Physical Education and Sports. School of Physical Education, Devi Ahilya University, Indore is organizing a three days workshop on “**Research Methodology and Sports Psychology in pursuit of excellence in Sports**” This workshop is designed for the participants to be well versed with advance research and advance development in the field of Physical Education and Sports; and to provide an interactive platform to enhance research experience, technical expertise and analysis of the research work.

### The key highlights of the workshop are:

- Mental Toughness in Sports
- Self Confidence in Sports
- Killer’s instinct in Sports
- Development of Questionnaires in Sports Psychology
- Management of Anxiety during Competition
- Assessment of Sports Psychology Questionnaires.
- Mental strength in Sports

### For Whom:

- Academicians who are working as teaching faculty in different colleges of University departments.
- Professionals of Physical Education working as Director/Sports Officers in various colleges.
- Other professionals working as Coaches/Physical Education Teachers in various institutions and schools.
- Researchers/Students in the field of Physical Education and Sports Sciences.

### Registration Details

- Total No. of seats for the workshop is limited therefore seats will be allotted on first come first served basis.
- The participants are advised to send their registration forms along with demand draft in favour of “**Registrar, Devi Ahilya University, Indore**” payable at Indore (M.P.) mentioning the participant’s name at the back.
- Demand draft will not be refundable in any case once submitted.
- Participants can also send the soft copy of the registration form to: [headsop@gmail.com](mailto:headsop@gmail.com).
- The last date for registration is March 13, 2018.

### Participation Fee:

**up to 13/03/18**

Out station Delegates with Lodging and Boarding	-	Rs. 2000/-
Local Participants without Lodging and Boarding	-	Rs. 800/-

### Address for Correspondence:

**Dr. Vivek B. Sathe**

UGC SAP DRS-I National Workshop  
School of Physical Education, Devi Ahilya Vishwavidyalaya,  
Takshshila Campus, Khandwa Road, Indore- 452001 (M.P.)

### Contacts:

#### Head of the Department:

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#### Workshop Coordinator:

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#### Organizing Secretaries:

**Prof. S. K. Yadav** (M) 9826535933 email: [yadavshorya61@gmail.com](mailto:yadavshorya61@gmail.com)

**Dr. Vivek B. Sathe** (M) 9300748215 email: [vbsathe@gmail.com](mailto:vbsathe@gmail.com)

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**Name: (In Capital Letters)** \_\_\_\_\_

**Designation:** \_\_\_\_\_ **Male/Female:** \_\_\_\_\_ **Age:** \_\_\_\_\_

**Organisation:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Phone: (R)** \_\_\_\_\_ **(O)** \_\_\_\_\_ **(Mob)** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Participation as: Outstation Delegate / Local Delegate**

**Registration Fee Amount:** \_\_\_\_\_ **D.D. No.** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Drawn on Bank:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Signature of Participant**